



Studying Tips

HOW TO MEMORIZE INFORMATION






- ⇒ Visualize a connection between the information you must remember and a person, place, object, situation, or emotion.
- ⇒ Make up a goofy mnemonic to remember the material, such as: ROY G. BIV to remember the colors of the rainbow in order (Red, Orange, Yellow, Green, Blue, Indigo, Violet) My Very Educated Mother Just Served Us Noodles to remember the planets in order (Mercury, Venus, Earth, Mars, Jupiter, Saturn, Uranus, Neptune)
- ⇒ Create an acronym - a word you make up using the first letter of each fact to be remembered, such as: HOMES to remember the five Great Lakes: Huron, Ontario, Michigan, Erie, Superior !
- ⇒ To remember a list in order, visualize each fact performing the following tasks, or a task with the following objects:

1 - Run	5 -Hive
2 - Zoo	6 -Sticks
3 - Tree	7 -Heaven
4 - Door	8 -Gate
9 - Dine	10 -Hen

HOMEWORK WITHOUT HEADACHES

- ✓ Do your homework in the same time and place every night (a desk, a table, etc.)
- ✓ Keep your "Homework Spot" stocked with paper, pencils, & a timer.
- ✓ Study in a quiet place that is free from distractions and interruptions. Turn off the cell phone, the TV, the iPod, and the computer!
- ✓ Set a timer for 20-30 minutes and complete as much work as **possible** before your timer goes off - do not take a break until your timer goes off! When your timer goes off, reset it for a 5-minute break. After 5 minutes, work for another 20-30 minutes. Repeat this cycle until all homework and studying are finished.
- ✓ Keep things organized! Have a designated place on the counter for all papers. When homework is complete, pack it in your homework folder and back in your backpack so you are ready to go in the morning. Keep your backpack in the same place all the time.
- ✓ Parents should review their child's assignment journal nightly and sign it each Friday for advisory group.

HOW TO STUDY TEXT

-  Read, reread, highlight, text code, use sticky notes to text code
-  Make flash cards, then read them aloud & have others quiz you on them
 - ⇒ Put just a few words on each card
 - ⇒ Include a sketch or simple picture on each card that will help you remember the information
-  Use the RAP strategy:
 - ⇒ Read one paragraph
 - ⇒ Ask yourself "What was this paragraph about?"
 - ⇒ Paraphrase the paragraph - restate it in your own words
-  Use the SQ3R Strategy:
 - ⇒ Skim (Read all headings, subheadings, captions, bolded words)
 - ⇒ Question (Ask questions about the text; turn titles, headings & subheadings into questions; create questions for study buddy; be sure you can answer all questions)
 - ⇒ Read (Read aloud; reread anything you do not understand)
 - ⇒ Recite (Restate information aloud; text code; retell information)
 - ⇒ Review (Review your notes & text coding; take new notes; review material every night & every weekend)
-  Restate the concepts in a graphic organizer (Venn Diagram, Web, MindMap, Flow Chart, Spider Map, T-Chart, KWL chart, Word Web, etc.)

BE A FLEXIBLE READER!

Understand the type of reading you need to do to accomplish different tasks:

- Skimming
 - Quickly obtain a general idea about the reading material
 - When you have to read a large amount of material in a short amount of time
 - Identify the main ideas in each paragraph and ignore the details in supportive sentences
- Scanning
 - Quickly locate a specific piece of information within reading material
 - Since you know exactly what you are looking for, move your eyes quickly over the reading material until you locate the specific piece of information you need to find
- Study Reading
 - Read difficult material at a high level of comprehension
 - Read at a rate that is slower than your normal reading rate
 - Stop after every paragraph & summarize. You may have to read each paragraph more than once
- Independent Reading Novel
 - Read a novel independently
 - Summarize what each page or two is about and retell the story in your own words
 - If you have difficulty concentrating, try getting the book in audio AND hard copy - listen as you read or read aloud with the audio book.

STUDY BUDDY

Find a friend who will let you know what you missed when you are absent, quiz you on study cards, remind you about due dates, & review class notes with you. Do the same for your study buddy!

HOW TO TAKE NOTES

- ✎ Use a ruler or fold the page to draw a line 2 inches from the left margin
- ✎ Write headings (big topics) on the left side
- ✎ Write notes about the main points on the right side - use a bulleted list
- ✎ Use short phrases and text language. Do not write every word

HOW TO STUDY FROM YOUR NOTES

- ✎ Cover up the note column and restate out loud everything you know about the main topics
- ✎ Cover up the main topics and match your notes to the main topics - explain how the notes fit the topic
- ✎ Have a study buddy or an adult use the notes to quiz you
- ✎ Review your notes for 5-10 minutes a night (every night, including weekends!)

MANY WAYS TO STUDY

- ✓ Practice with flashcards
- ✓ Quiz yourself
- ✓ Ask someone to quiz you
- ✓ Read, reread, retell/restate
- ✓ Text code
- ✓ Summarize
- ✓ Read your notes aloud
- ✓ Keep your study space organized
- ✓ Outline or make a graphic version of written work (lists, columns, Venn Diagrams, Web, MindMap, etc.)
- ✓ Write memory work over and over
- ✓ Use a worksheet as a quiz by covering the answers and re-doing it
- ✓ Look over old quizzes/returned work
- ✓ Answer study guide questions
- ✓ Tell someone else what the topic is about

USEFUL HOMEWORK APPS

eNotes: Gain access to thousands of literature and poetry studies, notes and analysis to help students better understand novels, essays, short stories, plays, etc.

myHomework Student Planner: One of the most highly rated and downloaded apps gives a clean interface across multiple platforms. Track classes, assignments, tests, and due date schedules with a calendar that is useful and can be synched across multiple platforms.

Flashcards+: This app is perfect for those needing to create their own flashcards. With these cards, students can study anywhere by flipping through their phones while waiting or on the go.

Documents To Go: Edit Microsoft docs from Word, Excel, and PowerPoint via your phone or tablet while you're on the go. Keep working on papers, charts, presentations, and more while away from your computer.

